

# Carlson School Newsletter

Dear families and whanau

## Our Strategic Goals are

- To refine our curriculum to world class credit
- To develop our skilled and motivated staff
- To strengthen our relationships with families and our community

## Working on those goals over the last week

- We have said farewell two occupational therapy students, Kathrine and Solveig from Denmark. They have been supporting classroom programmes for 8 weeks.
- Ten Carlson students participated in Kiwi Chat day facilitated by Talk link, attended by students from 5 schools and held at Carlson.
- We hosted a half day seminar run by our creative arts therapists. This innovative professional development was attended by several other schools.
- Catherine and I met with Gilli Sinclair, CEO of the Cerebral Palsy Society to explore the development of a network which supports over 10 thousand people with physical disabilities nation wide.
- Everyone enjoyed celebrating St Patricks Day on 17<sup>th</sup> March. We wore green and adapted the boccia game by rolling a potato down a chute instead of a ball!
- On 24<sup>th</sup> March several of our classes will be involved with Parasports held at Mt Roskill Primary School.
- Catherine met with Ray Finch manager for Spectrum Care to sustain the success of the holiday programmes for our students.

Carlson School is dynamic, forward thinking and fun !

Kia kaha

Faye Philp

Principal

You are invited to the Carlson school event

### ALL ABOUT ME!

When: Monday April 10th 2017  
Time: 10am-1pm

Then a sharing session and  
goodbye song from 2pm to  
2.40pm

Where: Carlson School



Shared lunch between 12pm  
and 1pm. Please bring a plate  
to share on the day.



Activities will encourage students to

- Explore their emotions
  - Use their bodies for dance and movement activities
  - And investigate familiar environments
- All while having fun!

## Student of the Week

Kezu Hussain

for increasing independence at mealtimes, walking,  
and communicating using Yes/No symbols.  
Well done Kezu!



## Significant school dates for this term...

- |             |                                   |
|-------------|-----------------------------------|
| 24th March: | Parasports @ Mt Roskill Primary   |
| 24th March: | Pasifica Day (Rec time)           |
| 29th March: | St Mary's College Orchestra visit |
| 30th March: | Special Olympics Athletics Day    |
| 30th March: | BOT Meeting                       |
| 10th April: | Whole School Event                |
| 13th April: | End of Term 1                     |
| 14th-17th:  | Easter Weekend                    |
| 1st May:    | Start of Term 2                   |

# Room 3

23 March 2017

Room 3 have been lucky enough to have Katherine volunteering in their classroom. Katherine came to us all the way from Denmark and has been supporting Room 3 from Monday to Friday for 8 weeks. She has been great, a valuable member of our team.

Last week we said farewell to Kathrine as she left to go back to Denmark to continue her training as an Occupational Therapist. She has decided that she would definitely like to work with children.

We were very lucky to have her in our class and we wish her every success in her career.



# School News

23 March 2017

## Creative Arts Afternoon

Last week our art therapists hosted the inaugural Creative Arts Afternoon at Carlson. We had representatives from Arohanui, Oaklynn and Sir Keith Park Schools visit us to share information. Here's some of what happened...



## Goodbye Kathrine and Solveig

On the same day we celebrated St Patricks Day, we also said goodbye to our lovely OT students from Denmark.



## Kiwi Chat Day

We hosted Kiwi Chat Day for senior students at Carlson last week in conjunction with Talklink. We had a fabulous turnout.



# Community News

23 March 2017

## Disability Connect EDUCATION LEGAL ISSUES

A presentation by Nan Jensen, Quinlaw. Hosted by Disability Connect  
**North Auckland**

Tuesday 28th March 7-9pm

Yes Disability Resource Centre, 3 William Laurie Place, Albany

## INDIVIDUALISED FUNDING (IF) INCLUDING RESPITE

A presentation by Lisa Martin from Disability Connect

**Central Auckland**

Monday 3<sup>rd</sup> April 12-2pm

Disability Connect premises, 3b Olive Road, Penrose

## LIVING OPTIONS SEMINARS

Presented by Lisa Martin - Disability Connect

**South Auckland**

Thursday 30<sup>th</sup> March 7-9pm

Clover Park Community House, 16 Israel Ave, Clover Park

## PLANNING FOR ADULTHOOD - The Legal Framework around Disability and Disability Rights

A presentation by Nan Jensen, Quinlaw. Hosted by Disability Connect

**Central Auckland**

Wednesday 29<sup>th</sup> March 12-3pm

Disability Connect premises, 3b Olive Road, Penrose

## WORK AND INCOME SUPPORT SEMINARS

Presented by Vaughan Dodd, Hosted by Disability Connect

**South Auckland**

Tuesday 4<sup>th</sup> April 7-9pm

Clover Park Community House, 16 Israel Ave, Clover Park

## PARENT SUPPORT GROUP FOR THE INDIAN COMMUNITY

**South Auckland**

Monday 3<sup>rd</sup> April 6.30-8.30pm

Clover Park Community House, 16 Israel Avenue, Clover Park

Dates for first half of year - 6<sup>th</sup> March, 3<sup>rd</sup> April, 1<sup>st</sup> May, 12<sup>th</sup> June

## CULTURALLY DIVERSE PARENT SUPPORT GROUP

**South Auckland**

Thursday 16<sup>th</sup> March 2017 - 5.30pm till 8pm

Mt Richmond Special School, 30 Albion Road, Otahuhu

## CHINESE AUTISM SUPPORT GROUP

**East Auckland**

Tuesday 18<sup>th</sup> April 9.30am-1pm

Te Tuhi, Social Room, 13 Reeves Road, Pakuranga

Dates for first half of year - 21<sup>st</sup> February, 21<sup>st</sup> March, 18<sup>th</sup> April, 16<sup>th</sup> May, 20<sup>th</sup> June

## Living Options Seminar

Information on four options for living arrangements for a person with a disability

This will be presented by Lisa Martin, Disability Connect

**South Auckland**

Thursday 30<sup>th</sup> March 7-9pm

Clover Park Community House, 16 Israel Ave, Clover Park

**CREATIVE MUSIC GROUP 2017**



**Creative Music Group**

**TERMS: 6.00pm-8.30pm**  
Term 1: Feb 24 - April 10 (10 weeks)  
Term 2: May 5 - July 1 (10 weeks)  
Term 3: July 28 - Sep 29 (10 weeks)  
Term 4: Oct 20 - Dec 15 (10 weeks)

**Registration & enquiries:**  
Contact: Alex McPherson  
E: alex@mapura.co.nz  
P: 09 845 5441

Join us for a sensory experience exploring music, sound and creativity. Join with the art of music to make soundscapes, songs and audio atmospheres. Create recordings, CDs and websites to share your creations and extend your practice. Design CD covers, posters and web pages to accompany your music. Perform live in front of an audience.

This collaborative, "give it a go" programme is open to all ages and abilities. No previous musical experience or skills necessary. Voice, song, rhythm, melody, rhythm, repetition and variation expressed using simple traditional instruments alongside absolutely anything that can make a sound.

Participants will be encouraged to lose themselves in sound, experimentation, play, spontaneity and intuition. Tell a story, listen, sing, play an instrument, dance, or laugh - it is all possible. People in wheelchairs are accompanied and assisted by the arts facilitator and support workers.

Teachers will be recorded so that participants can then listen back to themselves and reflect on their efforts that developing their own musical language and techniques. We will employ visual and digital art media to create CD packages and upload music to a website so participants can share their experiences with friends and family or the wider world.

**Aims:** Expression, exploration, empowerment and development through sound, music and related practices such as recording, sound editing, storytelling, deep listening and performing.

**MĀPURA**

• Freedom of creative expression  
• Participants will be given a voice to express complex abstract emotions  
• Cultural acrobatics to share with friends and family  
• Gain social confidence  
• Participation in a fun, challenging, innovative and adventurous programme

www.mapura.co.nz | 09 845 5441 | alex@mapura.co.nz  
Te Tuhi, Pakuranga Ave 13, Pakuranga  
mapura.co.nz | 09 845 5441 | alex@mapura.co.nz



**Dance 4 Us Youth**

**Dance Movement Therapy Group for youth & teens with special needs, including Autism, cerebral Palsy, Down Syndrome, cognitive delays.**

Participate in a fun and therapeutic dance movement group which will foster social connections and self expression through creative and expressive dance movement activities.

**On-going Community Centre Tuesdays at 3.30pm**

**Watch this space for a group starting OUT WEST!**

**DANCE THERAPY NZ**

• Co-create meaningful shared experiences in the community  
• Develop skills to relate and communicate with others  
• Learn about different cultures  
• Discover unique talents and strengths

For more information:  
www.dancetherapy.co.nz • info@dancetherapy.co.nz • 09 636 3021

### School Contact Details

Phone: 09 625 9343  
Fax: 09 625 9440  
Email: [admin@carlson.school.nz](mailto:admin@carlson.school.nz)  
Website: [www.carlson.school.nz](http://www.carlson.school.nz)  
Address: 261 St Andrews Rd,  
Three Kings, Auckland 1024



## Invitation: Transforming Respite Public Consultation Workshops

### The workshops

Bring your ideas and join the conversation on how we can better support families to sustain the caring role. We want to hear whether you think the draft respite strategy is heading in the right direction. What do you like? What don't you like? The agenda is designed to stimulate discussion and get us thinking about what the future could offer.

### The draft respite strategy

The draft respite strategy proposes transformational change to the current respite model. We are proposing:

- the introduction flexible respite budgets
- easy administration, with fewer rules about how funding can be used
- development of a wider range of respite options
- stakeholders working together to plan how those who needs respite the most can access services.

**When:** 6 April 2017  
**Time:** 2pm – 5pm (providers); 6 – 9pm (disabled people and their families)  
**Where:** Helen Smith Room, Pataka, 17 Paromona St, Porirua, Wellington.

**When:** 10 April 2017  
**Time:** 2pm – 5pm (providers); 6 – 9pm (disabled people and their families)  
**Where:** Independent Living Service, 14 Erson Avenue, Royal Oak, Auckland.

**When:** 12 April 2017  
**Time:** 2pm – 5pm (providers); 6 – 9pm (disabled people and their families)  
**Where:** Barcelona Room, St John of God, 26 Nash Road, Halowell, Christchurch.

### What do I do now?

Please contact the Ministry of Health by Friday 31 March 2017 by email [respitestrategy@moh.govt.nz](mailto:respitestrategy@moh.govt.nz) to register your interest in attending the workshop. Please let us know which workshop you will attend, and how many people will come with you.

### I can't attend the workshop but I want to give feedback.

The draft respite strategy will be available on the Ministry of Health website. You can make a formal written submission using a word or online template, or by email to [respitestrategy@moh.govt.nz](mailto:respitestrategy@moh.govt.nz).

Free Dental Appointments for Carers!

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FREE Dental Treatment for carers on 6th May 2017!

[View this email in your browser](#)



## 500 Free Dental Appointments Lumino Day - Gift for Carers

Carers NZ is pleased to announce a partnership with Lumino the Dentists to recognise and celebrate family carers. Lumino is devoting one day of free dental treatments nationwide. Each appointment will include a dental exam, x-rays, clean and any basic treatment, at no cost to carers.

This project is an outcome of our Year of Wellbeing for carers, reminding them that to support others well, they need to care well for themselves too!

**Giving back to the community - if you are a family carer, book your free Lumino appointment**

## Please help

**Raukatauri Music Therapy Centre**

**Raise \$50,000 for Music Therapy Services Simply By Voting Online**

Kia ora everyone

We've been selected as one of 30 organisations to receive a share of \$1,000,000 from the Trusts Million Dollar Mission and we need your help.

The money is going to be distributed by an online voting process, with each vote earning \$5. Voting commences next WEDNESDAY March 1 and you can vote every day.

Voting will stop when the votes received equal \$1,000,000 or 200,000 votes. And at that point each of the 30 organisations selected, will receive their share of the money equating to the number of votes they secured.

Details of the website address for voting will be published on our facebook page <https://www.facebook.com/>

## Emmanuel Family Camp

31st March – 2nd April 2017

A weekend camp for families who have a child with a disability



FOR MORE INFORMATION  
visit the website:  
[www.emmanuelfamilycamp.org.nz](http://www.emmanuelfamilycamp.org.nz)  
or Facebook: [emmanuelfamilycamp](https://www.facebook.com/emmanuelfamilycamp)



Where: Hastings, New Zealand  
When: 31st March – 2nd April

Join us for a fun weekend!

Emmanuel's is a national support group. A ministry of Divine Creation Disability Trust.

